



MT. PLEASANT DERMATOLOGY, LLC

PRE AND POST PROCEDURE

BOTOX / XEOMIN

5-7 DAYS PRIOR TO PROCEDURE – Stop all aspirin, anti inflammatories (Advil, Motrin, Aleve, Celebrex, Mobic, etc), Vitamin E, Fish Oil, Omega 3, St. John’s Wart, and Multi Vitamins containing Vitamin E. This will help reduce the risk of bruising. You may resume these products 24 hours after the procedure. If you need a pain reliever take Tylenol or acetaminophen.

FOR 2 DAYS AFTER THE PROCEDURE – You will need to move the muscles injected by lifting your brow and “frowning”. If “crow’s feet” are injected then you will need to smile to work those muscles. This allows the Botox/Xeomin to set in the muscles injected.

FOR 24 HOURS AFTER PROCEDURE – No strenuous, jogging, or pounding exercising, no heavy lifting, no massages where face has to go into a cradle, no tight fitting hats or bands.

FOR 48 HOURS AFTER PROCEDURE – No flying

******DO NOT RUB AREAS UNLESS INSTRUCTED TO DO SO BY THE DOCTOR!!**

Most results from Botox / Xeomin are not noticeable for 7-10 days after injection.



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PRE AND POST PROCEDURE FILLERS

5-7 DAYS PRIOR TO PROCEDURE – Stop all aspirin, anti inflammatories (Advil, Motrin, Aleve, Celebrex, Mobic, etc), Vitamin E, Fish Oil, Omega 3, St. John's Wart, and Multi Vitamins containing Vitamin E. This will help reduce the risk of bruising. You may resume these products 24 hours after the procedure. If you need a pain reliever take Tylenol or acetaminophen.

ARRIVE TO YOUR APPOINTMENT 15 minutes prior to appointment time so that we may get your consents signed, pictures taken, and apply your numbing medication.

FOR 2 DAYS AFTER THE PROCEDURE – You will need to ice the areas where you had the injections off and on for 10 minutes at a time.

FOR 24 HOURS AFTER PROCEDURE – No strenuous, jogging, or pounding exercising, no heavy lifting, no massages where face has to go into a cradle.

FOR 2 WEEKS AFTER PROCEDURE - Do not have any dental procedures done

******DO NOT RUB AREAS UNLESS INSTRUCTED TO DO SO BY THE DOCTOR!!**