

LASER HAIR REMOVAL

PRE & POST PROCEDURE

 SKINCEUTICALS
ADVANCED CLINICAL SPA

BY  MT. PLEASANT
DERMATOLOGY

PRE-TREATMENT

- Discontinue waxing, tweezing, threading, depilatories, and electrolysis for at least three weeks prior to treatment and throughout treatment.
- Please shave all treated areas the night before, with the exception of the face. Leave facial hair unshaven so it may be seen more easily.
- Notify the office if you have a history of herpes simplex virus (cold sores, fever blisters). Laser hair removal may cause a flare-up and preventative medications may be taken to avoid an outbreak. An active herpes simplex outbreak will result in rescheduling your appointment.

POST-TREATMENT

- The treatment area is delicate and should be treated gently. Swelling and redness are common after laser hair treatments.
- Avoid direct sun exposure to treated areas for at least three weeks post-treatment and until all signs of redness and irritation have subsided. Always wear a sunscreen with SPF 30 or greater and with 5% or more zinc oxide. Completely cover any areas that have a crust present.
- Avoid any trauma to treated areas such as scratching, picking or rubbing.
- Avoid hot tubs, pools, jacuzzis, saunas, and steam rooms for seven days.
- Avoid deep exfoliation treatments or creams containing a chemical exfoliator for two weeks pre and post-treatment, such as microdermabrasion, tretinoin, or glycolic acid.
- Apply cold compresses or ice packs to the treated area to ease discomfort.
- Apply Vaseline twice daily to blisters, crusted or irritated skin.
- Apply hydrocortisone cream twice daily for three days as needed for redness, irritation, and swelling.
- Treatments may need to be repeated 4-6 weeks for 5-8 treatments.