

MICRONEEDLING WITH RADIO FREQUENCY

PRE & POST PROCEDURE

 SKINCEUTICALS
ADVANCED CLINICAL SPA

BY  MT. PLEASANT
DERMATOLOGY

ONE WEEK BEFORE TREATMENT

- Stop retinoids/glycolic products

DAY OF TREATMENT

- If possible, arrive to your appointment with no makeup.
- OPTIONAL: A prescription for numbing cream can be called into your local pharmacy and applied to the treatment area at home ONE hour prior to your appointment; or you may arrive 30 minutes prior to your appointment for numbing cream to be applied to the treatment area.

24 HOURS POST TREATMENT

- No exercise/swimming
- No makeup the night of your treatment, wash face with lukewarm water & a gentle cleanser, followed by a gentle moisturizer.

ONE TO TWO WEEKS FOLLOWING TREATMENT

- Minimize sun exposure as much as possible. Wear daily SPF with zinc and a wide brim hat when outdoors.
- Wait one week before restarting retinoids/glycolic products. You may resume all other products after 24-48 hours.
- You may notice some pin point crusting for 1-3 days following your procedure. This is to be expected! Do not pick them off!
- Avoid shaving/dermaplaning until crusts fall off.