

SILHOUETTE INSTALIFT

PRE & POST PROCEDURE



PRE-TREATMENT

- Do NOT take Asprin (Anacin, Bufferin, or Baby Asprin), Ibuprofen (Advil, Motrin, or Nuprin), Naproxen (Aleve), or Non-Steroidal Anti-Inflammatory Drugs (NSAIDS) similar to these medications, 10 days before procedure.
- Do NOT drink alcohol 2 days prior to procedure.
- Eat a light meal before arriving for the procedure.
- Refrain from smoking 2 days before and 2 days after the procedure.
- Notify the office if you...
 - Have any infectious disease
 - Have a history of keloid's
 - Are pregnant
 - Suffer from blood diseases or acute tumorous disease.

POST-TREATMENT

- Apply a cold compress on the treated area if necessary.
- To reduce pain it is possible to use medications with Tylenol.
- Sleep with your head in a higher position, supported by a pillow (3-5 nights).
- Wash the treated area very gently, avoid rubbing (5 days).
- It is possible to gently put make-up after 24 hours.
- Avoid direct sunlight and solarium exposure (2 weeks).
- Avoid face massage and other aesthetic treatments (4 weeks).
- Limit sports, especially if it requires heavy strain, like running (2 weeks).
- Do not use sauna (3 weeks).
- Do not undergo any dental intervention (3 weeks).
- Limit any excessive facial movement (2 weeks)