

## Sunscreen Recommendations

### Available at Mt. Pleasant Dermatology

- Elta MD Daily Broad Spectrum SPF 40 (tinted and non-tinted)
- Elta MD SPF 41 Tube (tinted)
- Elta MD UV Clear SPF 46
- Elta MD Aero SPF 45 Full Body (spray)
- Elta MD SPF Sport SPF 50 Full Body
- ISDIN Eryfotana Actinica SPF 50
- ISDIN Eryfotan Ageless SPF 50 Tinted
- ISDIN Mineral Brush
- SkinBetter Sunscreen Stick
- SkinBetter Sunscreen Compact
- SkinCeuticals Matte Matte UV Defense SPF 50
- SkinCeuticals Physical Eye Defense SPF 50
- SkinCeuticals Physical Fusion SPF 50
- SkinCeuticals Sheer Physical SPF 50

### For Children

- Blue Lizard Baby SPF 30+
- Coppertone Water Babies Pure and Simple with Zinc SPF 50
- Coppertone Kids Tear Free Sunscreen Lotion SPF 50
- Neutrogena Pure and Free Baby Sunscreen Stick SPF 60

### For Lips and Sun Protective Clothing

- Elta MD UV Lip Balm SPF 31\*
- Vanicream Lip Block
- Athleta
- Solumbra
- Tilley Hats
- Columbia
- Coolibar
- Zags

### Available in Stores

- Bare Republic Natural Mineral Sunscreen (available in lotions and stick)
- Blue Lizard SPF30+ (regular and sensitive)
- CeraVe Sunscreen Face Lotion (available in SPF 30, 50, and stick)
- CeraVe AM Lotion SPF 30
- Clinique Super City Block SPF 40
- Colorscience Sunforgettable Powder SPF 30 or 50 (light, medium, or tan)
- Coppertone Pure & Simple
- Coppertone for Sensitive Skin with Zinc SPF 50
- Garden Goddess
- Obagi Healthy Skin Protection SPF 30
- Obagi Sun Shield SPF 50 (matte finish)
- Oil of Olay Complete Daily UV Moisturizer for Sensitive Skin SPF 30
- Sun Bum Mineral Continuous Sunscreen Spray SPF 30
- Solbar with Zinc SPF 38
- Sun Bum Mineral Continuous Sunscreen Spray SPF 30
- Think Sport
- Vanicream Sport SPF 35 (does not run into eyes)
- Vanicream Broad Spectrum SPF 50

**Wear SPF of at least 30 daily on all exposed areas. We suggest 6% at least Zinc Oxide based sunscreen.**